# 7-Day Beginner Writing Plan *by Viola Emkay*

*Print Instructions: Click the printer icon. In the window that opens, choose your print settings and click Print.*

Amazing! You've taken the first step into becoming a writer! Printing this writing plan! You'll need a pencil, a comfortable place to write, some scrap paper (optional) and a device close by (to research!).

Before you start this plan make sure you know WHY you're doing this! When you're struggling throughout these next 7-days, refer to the reason you're doing this!

Name: _____

Why I'm going to COMPLETE this writing plan:

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**Day 1:** Simple Start **Date:** _____

a. Write a journal entry of your day as if it were someone else's story.
If you think your story is too basic, write about your thoughts throughout the day as well. *Note: You don't have to write all the way to the end.*

**Day 2:** Need to Read **Date:** _____

a. Write a short story using a writing prompt.

It can be a detailed or an open-ended prompt, just find a prompt you like! If you're unsure of a word count, try to fill all of the below

b. Read a novel

Choose your favourite novel, or any novel you like that you've READ BEFORE! It may be too long to finish in a day, especially if you're busy, so read what you can.

*(1-2 chapters would be best, if possible)*

Name of Novel: _____

Pages: _____ to _____

**Day 3:** Self-Reflection **Date:** _____

a. Reread the pages from Day 2.
What do you see differently after rereading? Take notes on how the author writes, what you like, what you don't and any other notes that you want to refer to when you write next.

*My Notes:*

b. Reflect on Day 1's story.
Use the notes above to think; What do I want to change from Day 1's story?

*Reflection:*

c. Rewrite Day 1's story.
Take your new knowledge from the notes above and the reflection, to rewrite Day 1's story.

**Day 4:** Short Stories **Date:** _____

a. Write a Short Story

Unlike day 2, use your creativity to write a short story. If you can't find an idea try a different method of finding an idea. Once again, try to fill all the below.

b. Read 3 Short Stories.
Then pick your favourite of the 3 and study the story. *Note: If you don't have short stories at home, you can find some online!*

Name of Story #1: _____

Thoughts:_____

_____

Name of Story #2: _____

Thoughts:_____

_____

Name of Story #3: _____

Thoughts:_____

_____

*My Notes:* (Think: plot, characters, setting, what made you like the story)

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**Day 5:** A Break **Date:** _____

a. Reflect on what you've learned so far.

*Reflection:* (Look back on previous days!)

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b. Read Anything

Read anything! Preferably, a piece of fiction, but if you don't have the time you can read anything else!

What I Read Today: _____

Time: _____ to _____

**Day 6:** Character Creation **Date:** _____

a. Create an interesting character

Use what you've learned through the reflections and notes taken the past week.

Name: _____ Age: _____

Place of Birth: _____

Currently Living: _____

Physical Description:

_____

_____

_____

Backstory:

_____

_____

_____

_____

Desire: _____

Fear: _____

Personality:

_____

_____

_____

_____

Relationships:

_____

_____

Other:

_____

_____

_____

b. Compare this character to the character you studied on day 4.

*Comparison:* (Think: Which character do you like more? Why?)

c. Write a short story for your character.
Try to use some of the information you've learned this week while writing.

**Day 7:** Plot Investigation **Date:** _____

a. Research plot structure and tips online.
Keep in open-mind, don't think that only one article is correct. Write notes on what you like, want to use and what you find in common within articles.

*Research Notes:*

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b. Reread Day 4's Short Story.
Take notes only on the plot this time
Name of Story: _____

*Plot Notes:*

_____

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_____

c. Rewrite Day 6's story.
Use the new information you've learned on plot! This is your last story of the week so work hard!

*Congratulations! You've now finished this 7-Day Writing Plan!!*
*Contact me @http://www.violaemkay.com/contact/ to let me know how this week went!*